

SOUTH SHORE CHARTER SCHOOL

September 2026

 Breakfast - Cold

TUE1 WG Plain Bagel, Cream Cheese, Applesauce, 100% Orange-Tangerine Juice 1% Milk, Unflavored Chocolate Skim Milk	WED2 Apple Muffin, Raisins, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk	THU3 Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk, Unflavored Chocolate Skim Milk	FRI4 September 04, 2026 Apple Cinnamon Cheerios, Graham Crackers, Fresh Pear, 100% Berry Juice 1% Milk, Unflavored Chocolate Skim Milk	
MON7 September 07, 2026 No meal scheduled	TUE8 September 08, 2026 Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk, Unflavored Chocolate Skim Milk	WED9 September 09, 2026 Multi-Grain Cheerios, Graham Crackers, Raisins, Applesauce 1% Milk, Unflavored Chocolate Skim Milk	THU10 September 10, 2026 Cocoa Cherry Bar, Fresh Pear, 100% Very Berry Juice 1% Milk, Unflavored Chocolate Skim Milk	FRI11 September 11, 2026 WG Frosted Corn Flakes, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk
MON14 Cinnamon Crisp Bar, Raisins, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk	TUE15 Honey Cheerios, Graham Crackers, Fresh Apple, 100% Orange-Tangerine Juice 1% Milk, Unflavored Chocolate Skim Milk	WED16 WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk	THU17 Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk, Unflavored Chocolate Skim Milk	FRI18 WG Chocolate Chip Muffin, Fresh Pear, 100% Very Berry Juice 1% Milk, Unflavored Chocolate Skim Milk
MON21 September 21, 2026 RS Cocoa Puffs, Graham Crackers, Raisins, 100% Orange-Tangerine Juice 1% Milk, Unflavored Chocolate Skim Milk	TUE22 Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk, Unflavored Chocolate Skim Milk	WED23 Cocoa Cherry Bar, Fresh Pear, 100% Very Berry Juice 1% Milk, Unflavored Chocolate Skim Milk	THU24 WG Plain Bagel, Cream Cheese, Applesauce, 100% Orange-Tangerine Juice 1% Milk, Unflavored Chocolate Skim Milk	FRI25 Reduced Sugar Trix, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk
MON28 September 28, 2026 WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk	TUE29 Cinn Toast Crunch, Graham Crackers, Applesauce, 100% Orange-Tangerine Juice 1% Milk, Unflavored Chocolate Skim Milk	WED30 Apple Muffin, Raisins, 100% Grape Juice 1% Milk, Unflavored Chocolate Skim Milk	 South Shore Charter School	

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. • This institution is an equal opportunity provider, employer and lender. • We do not recommend medical decisions regarding dietary needs be solely based on the nutrition information provided. Always consult with the staff on site if you have any questions or concerns. Nutrition information is subject to change based on menu changes and product substitutions. • If you have a food allergy, or intolerance, please notify us.

SOUTH SHORE CHARTER SCHOOL

September 2026

 Breakfast - Hot

TUE September 01, 2026 1 All items hidden by current filters	WED September 02, 2026 2 All items hidden by current filters	THU September 03, 2026 3 All items hidden by current filters	FRI September 04, 2026 4 All items hidden by current filters	
MON September 07, 2026 7 No meal scheduled	TUE 8 Turkey Sausage Pancake Griddle Sandwich 100% Apple Juice Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk	WED 9 Dutch Waffle 100% Orange Tangerine Juice Applesauce Syrup 1% Milk, Unflavored Chocolate Skim Milk	THU 10 Apple Frudel 100% Very Berry Juice Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	FRI September 11, 2026 11 All items hidden by current filters
MON September 14, 2026 14 All items hidden by current filters	TUE 15 WG French Toast 100% Orange Tangerine Juice Applesauce Syrup 1% Milk, Unflavored Chocolate Skim Milk	WED 16 Cinnamon Bun 100% Fruit Punch Juice Diced Peaches 1% Milk, Unflavored Chocolate Skim Milk	THU 17 Cheesy Biscuit 100% Apple Juice Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk	FRI September 18, 2026 18 All items hidden by current filters
MON September 21, 2026 21 All items hidden by current filters	TUE 22 Apple Frudel 100% Apple Juice Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk	WED 23 Sunrise Breakfast Calzone 100% Very Berry Juice Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	THU 24 WG Pancakes 100% Orange Tangerine Juice Applesauce Syrup 1% Milk, Unflavored Chocolate Skim Milk	FRI September 25, 2026 25 All items hidden by current filters
MON September 28, 2026 28 All items hidden by current filters	TUE 29 WG Waffles 100% Orange Tangerine Juice Applesauce Syrup 1% Milk, Unflavored Chocolate Skim Milk	WED 30 Cheesy Biscuit 100% Fruit Punch Juice Raisins 1% Milk, Unflavored Chocolate Skim Milk		



SOUTH SHORE CHARTER SCHOOL

September 2026

 K-8 Lunch A

TUE September 01, 2026 1 Stuffed Bread Sticks 100% Sun Splash Vegetable Juice Hooray Sidekick Banana/Cherry 4.4oz 84ct Marinara Sauce 1% Milk, Unflavored Chocolate Skim Milk	WED September 02, 2026 2 Salisbury Steak w/ Gravy & Roasted Potatoes Fresh Apple WG Bun 1% Milk, Unflavored Chocolate Skim Milk	THU September 03, 2026 3 General Tso's Chicken w/ Brown Rice & Steamed Broccoli Fresh Banana 1% Milk, Unflavored Chocolate Skim Milk	FRI September 04, 2026 4 Cheese Pizza Fresh Baby Carrots Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk	
MON September 07, 2026 7 No meal scheduled	TUE September 08, 2026 8 Cheesy Crispy Chicken Biscuit Sandwich Diced Peaches Ketchup Roasted Sweet Potatoes 1% Milk, Unflavored Chocolate Skim Milk	WED September 09, 2026 9 Meatballs w/ BBQ Sauce Cheese & Broccoli Fresh Pear WG Club Roll 1% Milk, Unflavored Chocolate Skim Milk	THU September 10, 2026 10 French Toast w/ Scrambled Eggs Fresh Banana Roasted Potatoes Syrup 1% Milk, Unflavored Chocolate Skim Milk	FRI September 11, 2026 11 Italian Cheesy Pull-Aparts Applesauce Fresh Baby Carrots Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON 14 Turkey Fajita w/ Brown Rice Pilaf & Steamed Carrots Fresh Apple 1% Milk, Unflavored Chocolate Skim Milk	TUE 15 Chicken Enchilada Empanada 100% Sun Splash Vegetable Juice Fava Bean Crisps Churro Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	WED 16 Toasted Cheese Sandwich Ketchup Mixed Fruit Tater Tots 1% Milk, Unflavored Chocolate Skim Milk	THU 17 Meatballs w/ Tomato Sauce Spaghetti Broccoli Fresh Banana 1% Milk, Unflavored Chocolate Skim Milk	FRI 18 Cheese Pizza Fresh Baby Carrots Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON September 21, 2026 21 BBQ Chicken w/ Brown Rice Pilaf & Baked Beans Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	TUE September 22, 2026 22 Breaded Chicken Tenders & Roasted Potatoes BBQ Sauce Diced Peaches 1% Milk, Unflavored Chocolate Skim Milk	WED September 23, 2026 23 Macaroni & Cheese and Steamed Broccoli Fresh Apple 1% Milk, Unflavored Chocolate Skim Milk	THU September 24, 2026 24 Turkey Hot Dog on WG Bun Fresh Banana Ketchup Roasted Sweet Potatoes 1% Milk, Unflavored Chocolate Skim Milk	FRI September 25, 2026 25 Cheese Pizza Fresh Baby Carrots Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON 28 General Tso's Chicken w/ Brown Rice & Steamed Broccoli Fresh Apple 1% Milk, Unflavored Chocolate Skim Milk	TUE 29 Stuffed Bread Sticks 100% Sun Splash Vegetable Juice Fresh Pear Marinara Sauce 1% Milk, Unflavored Chocolate Skim Milk	WED 30 Chicken Nuggets & Baked Beans BBQ Sauce Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk	South Shore Charter School	

SOUTH SHORE CHARTER SCHOOL

September 2026

 K-8 Lunch B

TUE 1 Teriyaki Chicken w/ Brown Rice & Steamed Carrots Hooray Sidekick Banana/Cherry 4.4oz 84ct 1% Milk, Unflavored Chocolate Skim Milk	WED 2 Egg & Cheese English Muffin Sandwich Fresh Apple Ketchup Roasted Potatoes 1% Milk, Unflavored Chocolate Skim Milk	THU 3 September 03, 2026 Cobb Salad Fresh Banana Ranch Dressing WG Corn Muffin 1% Milk, Unflavored Chocolate Skim Milk	FRI 4 Chicken Salad on Ciabatta Bun Fresh Baby Carrots Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk	
MON 7 September 07, 2026 No meal scheduled	TUE 8 September 08, 2026 Stir Fried Brown Rice with Eggs and Vegetables Diced Peaches 1% Milk, Unflavored Chocolate Skim Milk	WED 9 September 09, 2026 Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	THU 10 September 10, 2026 Beef Patty on WW Bun Fresh Banana Ketchup Roasted Potatoes 1% Milk, Unflavored Chocolate Skim Milk	FRI 11 September 11, 2026 Turkey & Cheese Sandwich Applesauce Fresh Baby Carrots Mayonnaise Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON 14 September 14, 2026 Cheese Lasagna w/ Tomato Sauce & Steamed Green Beans Fresh Apple 1% Milk, Unflavored Chocolate Skim Milk	TUE 15 September 15, 2026 Spanish Rice w/ Cheese & Beans Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	WED 16 September 16, 2026 Adobo Chicken w/ Cilantro Brown Rice & Corn Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk	THU 17 September 17, 2026 Cobb Salad Fresh Banana Ranch Dressing WG Corn Muffin 1% Milk, Unflavored Chocolate Skim Milk	FRI 18 September 18, 2026 Cheeseburger on WW Bun Fresh Baby Carrots Ketchup Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON 21 Veggie Burger on WW Bun Baked Beans Fresh Pear Mayonnaise 1% Milk, Unflavored Chocolate Skim Milk	TUE 22 Egg & Cheese English Muffin Sandwich Diced Peaches Ketchup Roasted Potatoes 1% Milk, Unflavored Chocolate Skim Milk	WED 23 Chicken Caesar Salad WG Corn Muffin Fresh Apple Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk	THU 24 Cheese Ravioli w/Tomato Sauce & Steamed Green Beans Fresh Banana 1% Milk, Unflavored Chocolate Skim Milk	FRI 25 Turkey & Cheese Sandwich Fresh Baby Carrots Mayonnaise Raisins Ranch Dressing 1% Milk, Unflavored Chocolate Skim Milk
MON 28 Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Apple 1% Milk, Unflavored Chocolate Skim Milk	TUE 29 Teriyaki Chicken w/ Brown Rice & Steamed Carrots Fresh Pear 1% Milk, Unflavored Chocolate Skim Milk	WED 30 Falafel Bites w/ Quinoa Pilaf & Black Beans and Tomatoes Mixed Fruit 1% Milk, Unflavored Chocolate Skim Milk		

SOUTH SHORE CHARTER SCHOOL

September 2026

Snack Upper

TUE 1 Strawberry Banana Yogurt WG Honey Graham Crackers	WED 2 100% Grape Juice WG Tostitos	THU 3 100% Fruit Punch Juice WG Pretzels	FRI 4 WG Corn Muffin 100% Apple Juice	
MON 7 September 07, 2026 No meal scheduled	TUE 8 100% Grape Juice WG Pretzels	WED 9 WG Banana Muffin 100% Fruit Punch Juice	THU 10 Vanilla Yogurt Fresh Apple	FRI 11 100% Orange Tangerine Juice WG Tostitos
MON 14 100% Orange Tangerine Juice WG Cheez-Its	TUE 15 WG Apple Cinnamon Muffin 100% Fruit Punch Juice	WED 16 September 16, 2026 All items hidden by current filters	THU 17 100% Orange Tangerine Juice Cheese Stick	FRI 18 WG Cinnamon Graham Crackers 100% Fruit Punch Juice
MON 21 WG Blueberry Muffin 100% Apple Juice	TUE 22 100% Orange Tangerine Juice WG Pretzels	WED 23 Strawberry Banana Yogurt 100% Fruit Punch Juice	THU 24 WG Honey Graham Crackers 100% Grape Juice	FRI 25 Cheese Stick Fresh Apple
MON 28 Vanilla Yogurt 100% Orange Tangerine Juice	TUE 29 100% Fruit Punch Juice WG Tostitos	WED 30 WG Cinnamon Graham Crackers Cheese Stick		



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