



South Shore Charter School
 SOUTHSORECS-D1-5-2026
 Breakfast - Cold , May 2026



South Shore
 Charter School

				Friday	01
No Menu Available	No Menu Available	No Menu Available	No Menu Available	Cinnamon Crisp Bar, Raisins, 100% Grape Juice Chocolate Skim Milk 1% Milk	
Monday	Tuesday	Wednesday	Thursday	Friday	08
04	05	06	07	08	
RS Cocoa Puffs, Graham Crackers, Raisins, 100% Orange-Tangerine Juice 1% Milk Chocolate Skim Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk Chocolate Skim Milk	WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice Chocolate Skim Milk 1% Milk	Honey Cheerios, Graham Crackers, Fresh Apple, 100% Orange-Tangerine Juice 1% Milk Chocolate Skim Milk	WG Blueberry Muffin, Fresh Orange, 100% Very Berry Juice 1% Milk Chocolate Skim Milk	
Monday	Tuesday	Wednesday	Thursday	Friday	15
11	12	13	14	15	
WG Frosted Corn Flakes, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk Chocolate Skim Milk	WG Plain Bagel, Cream Cheese, Applesauce, 100% Orange-Tangerine Juice Chocolate Skim Milk 1% Milk	Apple Muffin, Raisins, 100% Grape Juice Chocolate Skim Milk 1% Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup Chocolate Skim Milk 1% Milk	Apple Cinnamon Cheerios, Graham Crackers, Fresh Pear, 100% Berry Juice Chocolate Skim Milk 1% Milk	
Monday	Tuesday	Wednesday	Thursday	Friday	22
18	19	20	21	22	
Multi-Grain Cheerios, Graham Crackers, Raisins, Applesauce 1% Milk Chocolate Skim Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk Chocolate Skim Milk	WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice 1% Milk Chocolate Skim Milk	Cinn Toast Crunch, Graham Crackers, Applesauce, 100% Orange-Tangerine Juice 1% Milk Chocolate Skim Milk	Cocoa Cherry Bar, Fresh Pear, 100% Very Berry Juice Chocolate Skim Milk 1% Milk	
Monday	Tuesday	Wednesday	Thursday	Friday	29
25	26	27	28	29	
No Menu Available	Reduced Sugar Trix, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk Chocolate Skim Milk	WG Chocolate Chip Muffin, Fresh Pear, 100% Very Berry Juice Chocolate Skim Milk 1% Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk Chocolate Skim Milk	Cinnamon Crisp Bar, Raisins, 100% Grape Juice 1% Milk Chocolate Skim Milk	

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South Shore Charter School
SOUTHSHORECS-D1-5-2026
Breakfast - Hot, May 2026



South Shore
Charter School

					Friday	01			
No Menu Available	No Menu Available	No Menu Available	No Menu Available	No Menu Available	No Menu Available	No Menu Available			
Monday	04	Tuesday	05	Wednesday	06	Thursday	07	Friday	08
No Menu Available	WG Pancakes 100% Apple Juice Syrup Mixed Fruit 1% Milk	Breakfast Pizza 100% Grape Juice Diced Peaches 1% Milk Chocolate Skim Milk	Cheesy Biscuit 100% Orange Tangerine Juice Applesauce 1% Milk Chocolate Skim Milk	No Menu Available	No Menu Available	No Menu Available			
Monday	11	Tuesday	12	Wednesday	13	Thursday	14	Friday	15
No Menu Available	Sunrise Breakfast Calzone 100% Orange Tangerine Juice Applesauce Chocolate Skim Milk 1% Milk	Apple Frudel 100% Grape Juice Raisins Chocolate Skim Milk 1% Milk	Dutch Waffle 100% Apple Juice Syrup Mixed Fruit 1% Milk	No Menu Available	No Menu Available	No Menu Available			
Monday	18	Tuesday	19	Wednesday	20	Thursday	21	Friday	22
No Menu Available	WG French Toast 100% Apple Juice Syrup Mixed Fruit Chocolate Skim Milk	Cheesy Biscuit 100% Grape Juice Diced Peaches 1% Milk Chocolate Skim Milk	Turkey Sausage Pancake Griddle Sandwich 100% Orange Tangerine Juice Applesauce Chocolate Skim Milk	No Menu Available	No Menu Available	No Menu Available			
Monday	25	Tuesday	26	Wednesday	27	Thursday	28	Friday	29
No Menu Available	Cinnamon Bun 100% Grape Juice Diced Peaches 1% Milk Chocolate Skim Milk	WG Waffles Syrup 100% Very Berry Juice Fresh Pear 1% Milk	Southwest Egg & Cheese Breakfast Burrito 100% Apple Juice Mixed Fruit 1% Milk	No Menu Available	No Menu Available	No Menu Available			

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South Shore Charter School
 SOUTHSORECS-D1-5-2026
 K-8 Lunch A, May 2026



South Shore
 Charter School

				Friday 01
No Menu Available	No Menu Available	No Menu Available	No Menu Available	Cheese Pizza Ranch Dressing Fresh Apple Chocolate Skim Milk 1% Milk
Monday 04 French Toast w/ Scrambled Eggs Syrup Fresh Orange Chocolate Skim Milk 1% Milk	Tuesday 05 Salisbury Steak w/ Gravy & Roasted Potatoes WG Bun Fresh Pear Chocolate Skim Milk	Wednesday 06 Macaroni & Cheese and Steamed Broccoli Fresh Apple 1% Milk Chocolate Skim Milk	Thursday 07 BBQ Chicken w/ Brown Rice Pilaf & Baked Beans Fresh Banana 1% Milk Chocolate Skim Milk	Friday 08 Cheese Pizza Ranch Dressing Fresh Celery Sticks Raisins 1% Milk
Monday 11 Cheeseburger on WW Bun Ketchup Fresh Apple 1% Milk Chocolate Skim Milk	Tuesday 12 Stuffed Bread Sticks Marinara Sauce 100% Sun Splash Vegetable Juice Fresh Orange 1% Milk	Wednesday 13 Chicken Nuggets & Baked Beans Ketchup Fresh Pear Chocolate Skim Milk 1% Milk	Thursday 14 Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Banana 1% Milk Chocolate Skim Milk	Friday 15 Cheese Pizza Ranch Dressing Raisins 1% Milk Chocolate Skim Milk
Monday 18 Teriyaki Chicken w/ Brown Rice & Steamed Carrots Fresh Orange Chocolate Skim Milk 1% Milk	Tuesday 19 Turkey Hot Dog on WG Bun Ketchup Fresh Pear Chocolate Skim Milk 1% Milk	Wednesday 20 Meatballs w/ Tomato Sauce Spaghetti Broccoli Fresh Apple 1% Milk Chocolate Skim Milk	Thursday 21 Breaded Chicken Patty on WW Bun BBQ Sauce Fresh Banana 1% Milk	Friday 22 Cheese Pizza Ranch Dressing Raisins 1% Milk Chocolate Skim Milk
Monday 25 No Menu Available	Tuesday 26 Breaded Chicken Tenders & Roasted Potatoes Ketchup Strawberry Applesauce Chocolate Skim Milk	Wednesday 27 Cheeseburger Calzone Cole Slaw Fresh Orange Chocolate Skim Milk 1% Milk	Thursday 28 General Tso's Chicken w/ Brown Rice & Steamed Broccoli Fresh Banana 1% Milk Chocolate Skim Milk	Friday 29 Italian Cheesy Pull-Aparts Ranch Dressing Fresh Apple 1% Milk Chocolate Skim Milk

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South Shore Charter School
 SOUTHSORECS-D1-5-2026
 K-8 Lunch B, May 2026



South Shore
 Charter School

					Friday 01
No Menu Available	No Menu Available	No Menu Available	No Menu Available	No Menu Available	Turkey & Cheese Sandwich Mayonnaise Ranch Dressing Fresh Apple Chocolate Skim Milk
Monday 04 Turkey Fajita w/ Brown Rice Pilaf & Steamed Carrots Fresh Orange Chocolate Skim Milk 1% Milk	Tuesday 05 Protein Pasta Alfredo & Steamed Green Peas Whole Grain Bread Fresh Pear Chocolate Skim Milk	Wednesday 06 Southwest Chicken Salad Ranch Dressing WG Corn Muffin Fresh Apple Chocolate Skim Milk	Thursday 07 Spanish Rice w/ Cheese & Beans Fresh Banana Chocolate Skim Milk 1% Milk	Friday 08 Turkey Ham & Cheese Sandwich Ranch Dressing Mustard Fresh Celery Sticks Raisins	
Monday 11 Egg & Cheese English Muffin Sandwich Ketchup Fresh Apple Chocolate Skim Milk	Tuesday 12 Chicken Vegetable Dumplings & Blended Vegetables Fresh Orange 1% Milk Chocolate Skim Milk	Wednesday 13 Falafel Bites w/ Quinoa Pilaf & Black Beans and Tomatoes Fresh Pear 1% Milk Chocolate Skim Milk	Thursday 14 Chicken Caesar Salad WG Dinner Roll Ranch Dressing Fresh Banana Chocolate Skim Milk	Friday 15 Chicken Salad on Ciabatta Bun Ranch Dressing Raisins 1% Milk Chocolate Skim Milk	
Monday 18 Stir Fried Brown Rice with Eggs and Vegetables Fresh Orange Chocolate Skim Milk 1% Milk	Tuesday 19 Veggie Burger on WW Bun Ketchup Fresh Pear 1% Milk Chocolate Skim Milk	Wednesday 20 WG Corn Muffin Cobb Salad Ranch Dressing Fresh Apple 1% Milk	Thursday 21 Bean & Cheese Burrito Taco Sauce Fresh Banana 1% Milk Chocolate Skim Milk	Friday 22 Chicken Breast Sandwich Ranch Dressing Mayonnaise Raisins 1% Milk	
Monday 25 No Menu Available	Tuesday 26 Cheese Quesadilla Taco Sauce Strawberry Applesauce 1% Milk Chocolate Skim Milk	Wednesday 27 Egg & Cheese English Muffin Sandwich Cole Slaw Fresh Orange Chocolate Skim Milk	Thursday 28 Cheese Lasagna w/ Tomato Sauce & Steamed Green Beans Fresh Banana Chocolate Skim Milk 1% Milk	Friday 29 Turkey & Cheese Sandwich Ranch Dressing Mayonnaise Fresh Apple 1% Milk	

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South Shore Charter School
SOUTHSHORECS-D1-5-2026
Snack Upper, May 2026



South Shore
Charter School

				Friday 01
No Menu Available				WG Blueberry Muffin 100% Orange Tangerine Juice
Monday 04	Tuesday 05	Wednesday 06	Thursday 07	Friday 08
Cheese Stick 100% Fruit Punch Juice	WG Sunchips Ranch Dressing Fresh Baby Carrots	WG Honey Graham Crackers 100% Orange Tangerine Juice	100% Grape Juice Honey Roasted Sunflower Seeds	Vanilla Yogurt 100% Apple Juice
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
100% Orange Tangerine Juice WG Cheez-Its	Strawberry Banana Yogurt WG Honey Graham Crackers	100% Apple Juice RF Cool Ranch Doritos	WG Pretzels 100% Fruit Punch Juice	WG Corn Muffin Cheese Stick
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Vanilla Yogurt 100% Fruit Punch Juice	Cheese Stick 100% Grape Juice	No Menu Available	WG Baked Cheetos Fresh Apple	WG Banana Muffin 100% Fruit Punch Juice
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
No Menu Available	100% Orange Tangerine Juice WG Tostitos	Vanilla Yogurt Fresh Apple	WG Cheez-Its 100% Fruit Punch Juice	WG Blueberry Muffin 100% Orange Tangerine Juice

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