



South Shore Charter School
SOUTHSORECS-D1-11-2025
Breakfast - Cold , November 2025



South Shore
Charter School

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Cinnamon Crisp Bar, Raisins, 100% Grape Juice Chocolate Skim Milk 1% Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup Chocolate Skim Milk 1% Milk	WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice Chocolate Skim Milk 1% Milk	Honey Cheerios, Graham Crackers, Fresh Apple, 100% Orange-Tangerine Juice 1% Milk Chocolate Skim Milk	WG Chocolate Chip Muffin, Fresh Pear, 100% Very Berry Juice Chocolate Skim Milk 1% Milk
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Multi-Grain Cheerios, Graham Crackers, Raisins, Applesauce Chocolate Skim Milk 1% Milk	No Menu Available	Reduced Sugar Trix, Graham Crackers, Peach Cup, 100% Grape Juice Chocolate Skim Milk 1% Milk	WG Plain Bagel, Cream Cheese, Applesauce, 100% Orange- Tangerine Juice Chocolate Skim Milk 1% Milk	Cocoa Cherry Bar, Fresh Pear, 100% Very Berry Juice Chocolate Skim Milk 1% Milk
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Cinnamon Crisp Bar, Raisins, 100% Grape Juice 1% Milk Chocolate Skim Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup Chocolate Skim Milk 1% Milk	WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice 1% Milk Chocolate Skim Milk	RS Cocoa Puffs, Graham Crackers, Raisins, 100% Orange- Tangerine Juice 1% Milk Chocolate Skim Milk	WG Blueberry Muffin, Fresh Orange, 100% Very Berry Juice Chocolate Skim Milk 1% Milk
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
WG Banana Muffin, Raisins, Applesauce Chocolate Skim Milk 1% Milk	Yogurt, Graham Crackers, Fresh Apple, Pineapple Cup 1% Milk Chocolate Skim Milk	WG Frosted Corn Flakes, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk Chocolate Skim Milk	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.



South Shore Charter School
SOUTHSHORECS-D1-11-2025
Breakfast - Hot , November 2025



South Shore
Charter School

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
No Menu Available	Cheesy Biscuit 100% Apple Juice Mixed Fruit 1% Milk Chocolate Skim Milk	Turkey Sausage, Egg & Cheese Burrito 100% Grape Juice Diced Peaches 1% Milk Chocolate Skim Milk	WG French Toast Syrup 100% Orange Tangerine Juice Applesauce 1% Milk Chocolate Skim Milk	No Menu Available
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
No Menu Available	No Menu Available	WG Waffles 100% Grape Juice Syrup Diced Peaches Chocolate Skim Milk 1% Milk	Cinnamon Bun 100% Orange Tangerine Juice Applesauce 1% Milk Chocolate Skim Milk	No Menu Available
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
No Menu Available	Apple Frudel 100% Apple Juice Mixed Fruit 1% Milk Chocolate Skim Milk	Sunrise Breakfast Calzone 100% Grape Juice Diced Peaches Chocolate Skim Milk 1% Milk	WG Pancakes 100% Orange Tangerine Juice Syrup Applesauce 1% Milk Chocolate Skim Milk	No Menu Available
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
No Menu Available	Dutch Waffle Syrup 100% Apple Juice Mixed Fruit 1% Milk Chocolate Skim Milk	Cinnamon Bun 100% Grape Juice Diced Peaches Chocolate Skim Milk 1% Milk	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.



South Shore Charter School
SOUTHSHORECS-D1-11-2025
K-8 Lunch A , November 2025



South Shore
Charter School

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Breaded Chicken Tenders & Roasted Potatoes Ketchup Fresh Orange Chocolate Skim Milk 1% Milk	Meatballs w/ Tomato Sauce Spaghetti Broccoli Fresh Pear 1% Milk Chocolate Skim Milk	Turkey Hot Dog on WG Bun Ketchup Fresh Apple Chocolate Skim Milk 1% Milk Baked Beans	Cheese Lasagna w/ Tomato Sauce & Steamed Green Beans Fresh Banana Chocolate Skim Milk 1% Milk	Cheese Pizza Ranch Dressing Raisins Chocolate Skim Milk 1% Milk Fresh Baby Carrots
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Butter Chicken w/ Brown Rice & Peas Fresh Orange 1% Milk Chocolate Skim Milk	No Menu Available	Chicken Nuggets & Baked Beans Ketchup Fresh Apple Chocolate Skim Milk 1% Milk	Beef Enchilada Ranch Dressing Fresh Banana 1% Milk Chocolate Skim Milk Fresh Garden Side Salad	Cheese Pizza Ranch Dressing Raisins Chocolate Skim Milk 1% Milk Fresh Baby Carrots
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Turkey Hot Dog on WG Bun Ketchup Fresh Orange 1% Milk Chocolate Skim Milk Baked Beans	General Tso's Chicken w/ Brown Rice & Steamed Broccoli Fresh Pear Chocolate Skim Milk 1% Milk	No Menu Available	Turkey w/ Gravy & Mashed Potatoes WG Dinner Roll Fresh Banana 1% Milk Chocolate Skim Milk	Cheese Pizza Ranch Dressing Applesauce 1% Milk Chocolate Skim Milk Fresh Baby Carrots
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Salisbury Steak w/ Gravy & Roasted Potatoes WG Bun Fresh Orange 1% Milk Chocolate Skim Milk	Breaded Chicken Patty on WW Bun BBQ Sauce Fresh Pear Chocolate Skim Milk 1% Milk	No Menu Available	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.



South Shore Charter School
SOUTHSHORECS-D1-11-2025
K-8 Lunch B , November 2025



South Shore
Charter School

Monday Protein Pasta Alfredo & Steamed Green Peas Whole Grain Bread Fresh Orange 1% Milk Chocolate Skim Milk	Tuesday 04 Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Pear 1% Milk Chocolate Skim Milk	Wednesday 05 Spanish Rice w/ Cheese & Beans Fresh Apple 1% Milk Chocolate Skim Milk	Thursday 06 Southwest Chicken Salad Pita Bread Ranch Dressing Fresh Banana 1% Milk Chocolate Skim Milk	Friday 07 Turkey & Cheese Sandwich Mayonnaise Ranch Dressing Raisins 1% Milk Chocolate Skim Milk Fresh Baby Carrots
Monday 10 Veggie Burger on WW Bun Mayonnaise Fresh Orange 1% Milk Chocolate Skim Milk Roasted Potatoes	Tuesday 11 No Menu Available	Wednesday 12 Falafel Bites w/ Quinoa Pilaf & Black Beans and Tomatoes Fresh Apple 1% Milk Chocolate Skim Milk	Thursday 13 WG Corn Muffin Cobb Salad Ranch Dressing Fresh Banana Chocolate Skim Milk 1% Milk	Friday 14 Chicken Salad Flatbread Sandwich Ranch Dressing Raisins Chocolate Skim Milk 1% Milk Fresh Baby Carrots
Monday 17 Spanish Rice w/ Cheese & Beans Fresh Orange Chocolate Skim Milk 1% Milk	Tuesday 18 Macaroni & Cheese and Steamed Broccoli Fresh Pear Chocolate Skim Milk 1% Milk	Wednesday 19 No Menu Available	Thursday 20 Bean & Cheese Burrito Fresh Banana 1% Milk Chocolate Skim Milk Street Corn	Friday 21 Hero Sandwich Ranch Dressing Mustard Applesauce 1% Milk Chocolate Skim Milk
Monday 24 Cheese Quesadilla Fresh Orange 1% Milk Chocolate Skim Milk Street Corn	Tuesday 25 Spanish Rice w/ Cheese & Beans Fresh Pear 1% Milk Chocolate Skim Milk	Wednesday 26 No Menu Available	Thursday 27 No Menu Available	Friday 28 No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.



South Shore Charter School
SOUTHSHORECS-D1-11-2025
Snack Upper , November 2025



South Shore
Charter School

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
WG Banana Muffin 100% Apple Juice	Cheese Stick WG Pretzels	WG Honey Graham Crackers 100% Orange Tangerine Juice	WG Baked Cheetos 100% Fruit Punch Juice	Vanilla Yogurt Fresh Apple
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Honey Roasted Sunflower Seeds 100% Fruit Punch Juice	No Menu Available	100% Orange Tangerine Juice WG Sunchips	Cheese Stick Fresh Apple	WG Honey Graham Crackers 100% Orange Tangerine Juice
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
100% Apple Juice WG Cheez-Its	WG Corn Muffin Cheese Stick	No Menu Available	Strawberry Banana Yogurt Fresh Apple	WG Tostitos 100% Fruit Punch Juice
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
WG Honey Graham Crackers 100% Fruit Punch Juice	RF Cool Ranch Doritos 100% Orange Tangerine Juice	No Menu Available	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.