

BREAKFAST

SEPTEMBER 2025

MON	TUE	WED	THU	FRI
1 WG Choc Chip Muffin Grab & Go, Fresh Pear 100% Very Berry Juice Milk	2 Strawberry Banana Yogurt Grab & Go WG Chocolate Crackers Graham, Fresh Apple, Pineapple Tibits Hot Breakfast Dutch Waffle, Syrup 100% Apple Juice Mixed Fruit, Milk	3 Honey Cheerios Grab & Go WG Honey Graham Crackers Hot Breakfast Turkey Sausage Griddle Sandwich, 100% Grape Juice Diced Peaches, Milk	4 Bagel Grab & Go WG Plain Bagel Cream Cheese Hot Breakfast Cinnamon Bun 100% Orange Tangerine Juice Applesauce, Milk	5 WG Apple Cinnamon Cheerios Grab & Go WG Chocolate Graham Crackers, Fresh Pear, Fresh Apple, Milk
8 Multi-Grain Cheerios Grab & Go WG Chocolate Graham Crackers Raisins Applesauce Milk	9 Strawberry Banana Yogurt Grab & Go WG Chocolate Graham Crackers, Fresh Apple, Pineapple Tibits Hot Breakfast Cheesy Biscuit w/ White American Cheese 100% Apple Juice Mixed Fruit, Milk	10 Cinnamon Raisin Bagel w/ Butter Grab & Go Hot Breakfast Apple Frudel 100% Grape Juice Diced Peaches, Milk	11 Honey Cheerios Grab & Go WG Honey Graham Crackers Fresh Apple Hot Breakfast WG French Toast, Syrup, Applesauce 100% Orange Tangerine Juice Milk	12 Cocoa Bar Grab & Go Fresh Pear 100% Very Berry Juice Milk
15 Cinnamon Bar Grab & Go Raisins 100% Grape Juice, Milk	16 Strawberry Banana Yogurt Grab & Go, Chocolate Graham Crackers Fresh Apple, Pineapple Tibits Hot Breakfast Breakfast Pizza 100% Apple Juice, Mixed Fruit Milk	17 Reduced Sugar Trix Grab & Go WG Chocolate Graham Crackers Hot Breakfast Cinnamon Bun 100% Grape Juice Diced Peaches, Milk	18 Bagel Grab & Go WG Plain Bagel Cream Cheese Hot Breakfast WG Waffles, Syrup 100% Orange Tangerine Juice Applesauce, Milk	19 WG Blueberry Muffin Grab & Go Fresh Orange 100% Very Berry Juice, Milk
22 WG Banana Muffin Grab & Go Raisins Applesauce Milk	23 Strawberry Banana Yogurt Grab & Go WG Chocolate Graham Crackers, Fresh Apple, Pineapple Tibits Hot Breakfast Apple Frudel 100% Apple Juice Mixed Fruit, Milk	24 Frosted Corn Flakes Grab & Go WG Chocolate Graham Crackers Hot Breakfast Sunrise Breakfast Calzone 100% Grape Juice Diced Peaches, Milk	25 Reduced Sugar Cinnamon Toast Crunch Grab & Go WG Honey Graham Crackers Hot Breakfast WG Pancakes, Syrup 100% Orange Tangerine Juice Applesauce, Milk	26 Cinnamon Crisp Bar Grab & Go Raisins 100% Grape Juice Milk
29 WG Choc Chip Muffin Grab & Go, Fresh Pear 100% Very Berry Juice Milk	30 Strawberry Banana Yogurt Grab & Go WG Chocolate Crackers Graham, Fresh Apple, Pineapple Tibits Hot Breakfast Dutch Waffle, Syrup 100% Apple Juice Mixed Fruit, Milk			

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup



LUNCH

SEPTEMBER 2025

MON

TUE

WED

THU

FRI

1 Meatloaf w/ Gravy & Mashed Potatoes, WG Bun Or Cheese Quesadilla Street Corn Fresh Orange Milk	2 Turkey Hot Dog on WW Bun Ketchup, Baked Beans Or Spanish Rice w/ Cheese & Beans Fresh Pear Milk	3 Chicken Enchilada Empanada, Fresh Baby Carrots Ranch Dressing Or Cheese Ravioli w/Tomato Sauce & Steamed Green Beans Fresh Apple Milk	4 Stuffed Bread Sticks Marinara Sauce 100% Sun Splash Vegetable Juice Or Turkey Fajita w/ Brown Rice Pilaf & Steamed Carrots Fresh Banana, Milk	5 Cheese Pizza Fresh Garden Side Salad Ranch Dressing Or Southwest Chicken Salad Ranch Dressing Pita Bread Raisins Milk
8 Meatloaf w/ Gravy & Mashed Potatoes, WG Bun Or Cheese Quesadilla Street Corn Fresh Orange Milk	9 Turkey Hot Dog on WW Bun Ketchup, Baked Beans Or Spanish Rice w/ Cheese & Beans Fresh Pear Milk	10 Chicken Enchilada Empanada, Fresh Baby Carrots Ranch Dressing Or Cheese Ravioli w/Tomato Sauce & Steamed Green Beans Fresh Apple Milk	11 Stuffed Bread Sticks Marinara Sauce 100% Sun Splash Vegetable Juice Or Turkey Fajita w/ Brown Rice Pilaf & Steamed Carrots Fresh Banana, Milk	12 Cheese Pizza Fresh Garden Side Salad Ranch Dressing Or Southwest Chicken Salad Ranch Dressing Pita Bread Raisins Milk
15 Salisbury Steak w/ Gravy & Roasted Potatoes, WG Bun Or Egg & Cheese English Muffin Sandwich Roasted Potatoes Fresh Orange, Milk	16 Turkey Hot Dog on WW Bun Or Veggie Burger on WW Bun Baked Beans Fresh Pear Milk	17 Meatballs w/ Tomato Sauce Spaghetti & Broccoli Or Macaroni & Cheese and Steamed Broccoli Fresh Apple Milk	18 Breaded Chicken Patty on WW Bun Roasted Sweet Potatoes Or Cobb Salad, Ranch Dressing Pita Bread, Fresh Banana, Milk	19 Cheese Pizza Or Turkey & Cheese Sandwich Mayonnaise Fresh Baby Carrots Ranch Dressing Raisins, Milk
22 Chicken Nuggets & Vegetarian Baked Beans Or Falafel Bites w/ Quinoa Pilaf & Black Beans and Tomatoes Fresh Orange Milk	23 Macaroni & Cheese and Steamed Broccoli Or General Tso's Chicken w/ Brown, Broccoli Fresh Pear Milk	24 French Toast, Syrup w/ Scrambled Eggs, Roasted Sweet Potatoes Or Cheeseburger on WW Bun Roasted Sweet Potatoes Fresh Apple, Milk	25 Butter Chicken w/ Brown Rice & Peas Butter Masala Sauce Or Bean & Cheese Burrito Street Corn Fresh Banana Milk	26 Cheese Pizza Or Chicken Salad Flatbread Sandwich Fresh Baby Carrots Fresh Orange Applesauce Milk
29 Chicken Nuggets & Vegetarian Baked Beans Or Falafel Bites w/ Quinoa Pilaf & Black Beans and Tomatoes Fresh Orange Milk	30 Macaroni & Cheese and Steamed Broccoli Or General Tso's Chicken w/ Brown, Broccoli Fresh Pear Milk			

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SNACK

SEPTEMBER 2025

MON	TUE	WED	THU	FRI
1 WG Cheez-Its Crackers 100% Fruit Punch Juice	2 Cool Ranch Doritos 100% Orange Tangerine Juice	3 WG Honey Graham Crackers 100% Apple Juice	4 WG Apple Cinnamon Muffin Cheese Stick	5 WG Pretzels 100% Orange Tangerine Juice
8 WG Banana Muffin 100% Orange Tangerine Juice	9 WG Baked Cheetos 100% Fruit Punch Juice	10 Strawberry Banana Yogurt WG Honey Graham Crackers	11 WG Pretzels Cheese Stick	12 WG Corn Muffin 100% Orange Tangerine Juice
15 Honey Roasted Sunflower Seeds 100% Fruit Punch Juice	16 WG Cheez-Its Crackers Fresh Baby Carrots Ranch Dressing	17 WG SunChips 100% Orange Tangerine Juice	18 Cheese Stick Fresh Apple	19 WG Honey Graham Crackers 100% Orange Tangerine Juice
22 WG Pretzels 100% Orange Tangerine Juice	23 WG Honey Graham Crackers 100% Fruit Punch Juice	24 WG Blueberry Muffin Cheese Stick	25 WG Cheez-Its Crackers 100% Fruit Punch Juice	26 WG Tostitos Scoops 100% Apple Juice
29 WG Cheez-Its Crackers 100% Fruit Punch Juice	30 Cool Ranch Doritos 100% Orange Tangerine Juice			

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