

# Breakfast

MARCH 2025

MON	TUE	WED	THU	FRI
3 Banana Muffin Grab & Go Milk	4 Strawberry Yogurt WG Chocolate Graham Crackers Grab & Go  Apple Frudel 100% Apple Juice Pineapple Tibits Milk	5 WG Frosted Corn Flakes Grab & Go  Hot Breakfast Sunrise Breakfast Calzone 100% Grape Juice Diced Peaches Milk	6 Cinnamon Toast Crunch Grab & Go  WG Mini Maple Pancakes 100% Orange Tangerine Juice Applesauce Milk	7 Cinnamon Crisp Bar Grab & Go Milk
10 Cocoa Cherry Bar Grab & Go Milk	11 Strawberry Yogurt WG Chocolate Graham Crackers Grab & Go  Turkey Sausage Pancake Griddle Sandwich 100% Apple Juice Pineapple Tibits Milk	12 Honey Cheerios Grab & Go  Hot Breakfast Dutch Waffle 100% Grape Juice Diced Peaches Milk	13 WG Plain Bagel Grab & Go  Cinnamon Bun 100% Orange Tangerine Juice Applesauce Milk	14 Apple Cinnamon Cheerios Grab & Go Milk
17 Multi-Grain Cheerios Grab & Go Milk	18 Strawberry Yogurt WG Chocolate Graham Crackers Grab & Go  Cheesy Biscuit 100% Apple Juice Pineapple Tibits Milk	19 WG Cinnamon Raisin Bagel Grab & Go  Hot Breakfast Apple Frudel 100% Grape Juice Diced Peaches Milk	20 WG Honey Cheerios Grab & Go  WG French Toast 100% Orange Tangerine Juice Applesauce Milk	21 Cocoa Cherry Bar Grab & Go Milk
24 Cinnamon Bar Grab & Go Milk	25 Strawberry Yogurt WG Chocolate Graham Crackers Grab & Go  Breakfast Pizza 100% Apple Juice Pineapple Tibits Milk	26 Trix Cereal Grab & Go  Hot Breakfast Cinnamon Bun 100% Grape Juice Diced Peaches Milk	27 WG Plain Bagel Grab & Go  WG Waffles 100% Orange Tangerine Juice Applesauce Milk	28 WG Blueberry Muffin Grab & Go Milk
31 Banana Muffin Grab & Go Milk				

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup





# Lunch

MARCH 2025

MON	TUE	WED	THU	FRI
<p>3 <b>Chicken Nuggets Baked Beans</b> or <b>Falafel Bites w/ Quinoa Pilaf &amp; Black Beans and Tomatoes</b> Fresh Orange Milk</p>	<p>4 <b>Macaroni &amp; Cheese &amp; Steamed Broccoli</b> or <b>General Tso's Chicken w/Brown Rice &amp; Steamed Broccoli</b> Fresh Pear Milk</p>	<p>5 <b>French Toast w/ Scrambled Eggs, Syrup, Roasted Sweet Potatoes</b> or <b>Cheeseburger on WW Bun Roasted Sweet Potatoes</b> Fresh Apple Milk</p>	<p>6 <b>Adobo Chicken w/ Cilantro Brown Rice &amp; Corn</b> or <b>Bean &amp; Cheese Burrito</b> Street Corn Fresh Banana Milk</p>	<p>7 <b>Cheese Pizza</b> or <b>Chicken Salad Flatbread Sandwich</b> Fresh Baby Carrots Ranch Dressing Applesauce Milk</p>
<p>10 <b>Cheese Quesadilla, Street Corn</b> or <b>Meatloaf w/ Gravy &amp; Mashed Potatoes, WG Bun</b> Fresh Orange Milk</p>	<p>11 <b>Turkey Hot Dog Baked Beans</b> or <b>Spanish Rice w/ Cheese &amp; Beans</b> Fresh Pear Milk</p>	<p>12 <b>Chicken Enchilada Empanada</b> or <b>Cheese Ravioli w/Tomato Sauce &amp; Steamed Green Beans</b> Fresh Apple Milk</p>	<p>13 <b>Stuffed Bread Sticks Marinara Sauce</b> 100% Sun Splash Vegetable Juice or <b>Turkey Chili w/ Brown Rice &amp; Steamed Carrots</b> Fresh Banana Milk</p>	<p>14 <b>White Cheese Pizza Foldover Fresh Garden Salad Ranch Dressing</b> or <b>Southwest Chicken Salad Pita Bread/Ranch Dressing</b> Raisins Milk</p>
<p>17 <b>Meatballs w/ BBQ Sauce &amp; Steamed Broccoli</b> or <b>Pasta w/ Tomato Sauce &amp; Cheese Broccoli</b> Club Roll Fresh Orange Milk</p>	<p>18 <b>Breaded Chicken Tenders &amp; Roasted Potatoes</b> or <b>Pasta Alfredo &amp; Steamed Green Peas</b> Whole Grain Bread Fresh Pear Milk</p>	<p>19 <b>Cheeseburger Calzone Baked Beans</b> or <b>Spanish Rice w/ Cheese &amp; Beans</b> Fresh Apple Milk</p>	<p>20 <b>Cheese Lasagna w/ Tomato Sauce &amp; Steamed Green Beans</b> or <b>Chicken Caesar Salad Ranch Dressing</b> Pita Bread Fresh Banana Milk</p>	<p>21 <b>Cheese Pizza</b> or <b>Chicken Breast Sandwich</b> Fresh Baby Carrots w/ Ranch Dressing Raisins Milk</p>
<p>24 <b>Salisbury Steak w/ Gravy &amp; Roasted Potatoes, WG Bun</b> or <b>Egg &amp; Cheese English Muffin Sandwich</b> Roasted Potatoes Fresh Orange Milk</p>	<p>25 <b>Turkey Hot Dog Baked Beans</b> or <b>Veggie Burger on WW Bun Baked Beans</b> Fresh Pear Milk</p>	<p>26 <b>Meatballs w/ Tomato Sauce Spaghetti &amp; Broccoli</b> or <b>Caribbean Rice Bowl</b> Fresh Garden Side Salad Italian Dressing Fresh Apple Milk</p>	<p>27 <b>Breaded Chicken Patty on WW Bun, BBQ Sauce Roasted Sweet Potatoes</b> or <b>Cobb Salad Pita Bread</b> Ranch Dressing Fresh Banana Milk</p>	<p>28 <b>French Bread Cheese Pizza</b> or <b>Turkey &amp; Cheese Sandwich</b> Fresh Baby Carrots Ranch Dressing Raisins Milk</p>
<p>31 <b>Chicken Nuggets Baked Beans</b> or <b>Falafel Bites w/ Quinoa Pilaf &amp; Black Beans and Tomatoes</b> Fresh Orange Milk</p>				

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# Snack

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MON	TUE	WED	THU	FRI
3 WG Pretzels Cheese Stick	4 WG Honey Graham Crackers 100% Fruit Punch Juice	5 WG Blueberry Muffin Cheese Stick	6 Cheez-Its Crackers 100% Fruit Punch Juice	7 WG Tostitos 100% Apple Juice
10 Cheez-Its Crackers 100% Fruit Punch Juice	11 RF Cool Ranch Doritos 100% Orange Tangerine Juice	12 WG Honey Graham Crackers 100% Apple Juice	13 WG Apple Cinnamon Muffin Cheese Stick	14 WG Pretzels 100% Orange Tangerine Juice
17 WG Banana Muffin 100% Orange Tangerine Juice	18 WG Baked Cheetos 100% Fruit Punch Juice	19 Strawberry Banana Yogurt WG Honey Graham Crackers	20 WG Pretzels Cheese Stick	21 WG Corn Muffin 100% Orange Tangerine Juice
24 Honey Roasted Sunflower Seeds 100% Fruit Punch Juice	25 Cheez-Its Crackers Fresh Baby Carrots w/Ranch Dressing	26 WG Sunchips 100% Orange Tangerine Juice	27 Cheese Stick Fresh Apple	28 WG Honey Graham Crackers 100% Orange Tangerine Juice
31 WG Pretzels Cheese Stick	WG Honey Graham Crackers 100% Fruit Punch Juice	WG Blueberry Muffin Cheese Stick	Cheez-Its Crackers 100% Fruit Punch Juice	WG Tostitos 100% Apple Juice

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