

Breakfast K-12

MAY 2024

MON	TUE	WED	THU	FRI
		1 Multi-Grain Frosted Flakes Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	2 RS Cinnamon Toast Crunch Graham Crackers or Pancakes w/ Syrup Applesauce & 100% Orange Juice	3 Cinnamon Crisp Bar Raisins & 100% Grape Juice
6 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	7 Strawberry Yogurt Graham Crackers or Cinnamon Bun Diced Pineapple & 100% Apple Juice	8 Honey Cheerios Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches 100% Grape Juice	9 Plain Bagel Cream Cheese or Mini Sausage & Cheese Flatbread Applesauce 100% Orange Juice	10 Apple Jacks Graham Crackers Raisins & 100% Grape Juice
13 Multi-Grain Cheerios Graham Crackers Raisins & Applesauce	14 Strawberry Yogurt Graham Crackers or Pancakes w/ Syrup 100% Apple juice & Diced Pineapple	15 Cinnamon Raisin Bagel w/ Butter or French Toast w/ Syrup Diced Peaches & 100% Grape Juice	16 Honey Cheerios Graham Crackers or Cinnamon Bun Fresh Apple & 100% Orange Juice	17 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
20 Cinnamon Crisp Bar Raisins & 100% Grape Juice	21 Strawberry Yogurt Graham Crackers or Breakfast Pizza Diced Pineapple & 100% Apple Juice	22 Multi-Grain Cinnamon Flakes Graham Crackers or Apple Frudel Diced Peaches & 100% Grape Juice	23 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Applesauce & 100% Orange Juice	24 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
27	28 Strawberry Yogurt Graham Crackers or Apple Frudel Diced Pineapple & 100% Apple Juice	29 Multi-Grain Frosted Flakes Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	30 Cinnamon Toast Crunch Graham Crackers or Pancakes w/ Syrup Applesauce & 100% Orange Juice	31 Cinnamon Crisp Bar Raisins & 100% Grape Juice

This institution is an equal opportunity provider.



Lunch K-8

MAY 2024

MON

TUE

WED

THU

FRI

1
French Toast Sticks w/ Scrambled Eggs
Roasted Sweet Potatoes or
Hot Honey Chicken Ciabatta Sandwich

2
Adobo Chicken with Cilantro Brown Rice & Street Corn or Veggie Burgerv on WW Bun

3
French Bread Cheese Pizzav or
Egg Salad Sandwichv on WW Bread

6
Cheese Quesadillav w/ Sour Creamon WW Tortilla with Street Corn or Beef Meatloaf w/ Gravy WW Bun & Mashed Potatoes

7
BBQ Chicken with Brown Rice & Baked Beans or Spanish Rice w/ Cheese & Beans v

8
Roasted Sweet Potatoes Buffalo Chicken Flatbread Melt Celery Sticks w/ Ranch Dressing Or Cheese Raviolisv w/ Tomato Sauce & Green Beans

9
Roasted Potatoes Stuffed Bread Sticksv Marinara Dipping Sauce & 100% Sun Splash Juicerv Turkey Fajita with Brown Rice and Carrots

10
Celery Sticks w/ Ranch Dressing Cheese Pizzav Or Chicken Salad Sandwich on Pita Bread Garden Side Salad w/ Ranch

13
BBQ Beef Meatballs WW Club Roll or Pasta w/ Tomato Sauce & Mozzarella Cheesev Broccoli Fresh Orange

14
Chicken Tenders with Roasted Potatoes or Protein Pasta Alfredov WW Bread Slice Peas Fresh Pear

15
Turkey Hot Dog on WW Bun with Baked Beans or Spanish Rice w/ Cheese & Kidney Beansv Fresh Apple

16
Cheese Lasagnav w/ Tomato Sauce & Green Beans or Chicken Caesar Salad with Pita Bread Fresh Banana

17
French Bread Cheese Pizzav or Chicken Breast Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins

20
Cheese Beef Burger on WW Bun or Egg & Cheese Sandwich on English Muffinv Roasted Potatoes Fresh Orange

21
Turkey Salsa Bowl with Ranchero Brown Rice & Pinto Beans Or Black Beans & Tomatoes or Latin Bean Melt Flatbread Fresh Pear

22
Beef Meatballs & Spaghetti w/ Tomato Sauce & Broccoli or Veggie Burgerv on WW Bun Garden Side Salad w/ Ranch Fresh Apple French Toast Sticks w/ Scrambled Eggs

23
Cheesy Crispy Chicken Biscuit with Celery Sticks w/ Ranch or Cobb Saladv with Pita Bread Fresh Banana Adobo Chicken

24
Cheese Pizzav or Turkey & Cheese Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins

27
Homemade Macaroni & Cheesev or Beef Meatballs w/ Tomato Sauce & Mozzarella Cheese WW Club Roll Broccoli

28
Roasted Sweet Potatoes or Hot Honey Chicken Ciabatta Sandwich Roasted Sweet Potatoes

29
Roasted Sweet Potatoes or Veggie Burgerv on WW Bun Roasted Potatoes

30
with Cilantro Brown Rice & Street Corn or Veggie Burgerv on WW Bun

31
French Bread Cheese Pizza or Egg Salad Sandwichv on WW Bread Celery Sticks w/ Ranch Dressing

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Snack Menu

MAY 2024

MON

TUE

WED

THU

FRI

		1 WG Blueberry Muffin String Cheese	2 WG Chewy Granola Bar 100% Fruit Juice	3 WG Tostitos 100% Apple Juice
6 WG Cheez-its 100% Fruit Juice	7 WG Cool Ranch Doritos 100% Orange Juice	8 WG Graham Crackers 100% Apple Juice	9 WG Apple Muffin String Cheese	10 WG Pretzels 100% Orange Juice
13 WG Banana Muffin 100% Orange Juice	14 WG Baked Cheetos 100% Fruit Juice	15 WG Graham Crackers Strawberry Yogurt	16 WG Pretzels Cheese Stick	17 WG Corn Muffin 100% Orange Juice
20 Roasted Sunflower Seeds 100% Fruit Juice	21 WG Cheez-its Baby Carrots w/ Ranch	22 WG Sunchips 100% Orange Juice	23 String Cheese Fresh Large Apple	24 WG Graham Crackers 100% Orange Juice
27	28 WG Graham Crackers 100% Fruit Juice	29 WG Blueberry Muffin String Cheese	30 WG Chewy Granola Bar 100% Fruit Juice	31 WG Tostitos 100% Apple Juice

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