

Breakfast K-12

MARCH 2024

MON

TUE

WED

THU

FRI

				1 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
4 Banana Muffin Raisins & Applesauce	5 Strawberry Yogurt Graham Crackers or Apple Frudel Diced Pineapple & 100% Apple Juice	6 Multi-Grain Frosted Flakes Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	7 RS Cinnamon Toast Crunch Graham Crackers or Pancakes w/ Syrup Applesauce & 100% Orange Juice	8 Cinnamon Crisp Bar Raisins & 100% Grape Juice
11 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	12 Strawberry Yogurt Graham Crackers or Mini Sausage & Cheese Flatbread Biscuit Diced Pineapple & 100% Apple Juice	13 Honey Cheerios Graham Crackers or Cinnamon Butter Honey Diced Peaches & 100% Grape Juice	14 Plain Bagel w/ Cream Cheese or Cinnamon Bun Applesauce & 100% Orange Juice	15 Apple Jacks Graham Crackers Raisins & 100% Grape Juice
18 Multi-Grain Cheerios Graham Crackers Raisins & Applesauce	19 Strawberry Yogurt Graham Crackers or Pancakes w/ Syrup 100% Apple juice & Diced Pineapple	20 Cinnamon Raisin Bagel w/ Butter or French Toast w/ Syrup Diced Peaches & 100% Grape Juice	21 Honey Cheerios Graham Crackers or Cinnamon Bun Fresh Apple & 100% Orange Juice	22 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
25 Cinnamon Crisp Bar Raisins & 100% Grape Juice	26 Strawberry Yogurt Graham Crackers or Breakfast Pizza Diced Pineapple & 100% Apple Juice	27 Multi-Grain Cinnamon Flakes Graham Crackers or Apple Frudel Diced Peaches & 100% Grape Juice	28 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Applesauce & 100% Orange Juice	29 Blueberry Muffin Fresh Orange & 100% Very Berry Juice



This institution is an equal opportunity provider.

Lunch K-8

MARCH 2024

MON

TUE

WED

THU

FRI

				1 Cheese Pizzav or Turkey & Cheese Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins
4 Chicken Nuggets with Baked Beans or Falafel Bitesv with Quinoa Pilaf Black Beans & Tomato	5 Homemade Macaroni & Cheesev or Beef Meatballs w/ Tomato Sauce & Mozzarella Cheese WW Club Roll Broccoli	6 French Toast Sticks w/ Scrambled Eggs ^v Roasted Sweet Potatoes or Hot Honey Chicken Ciabatta Sandwich Roasted Sweet Potatoes	7 Adobo Chicken with Cilantro Brown Rice & Street Corn or Veggie Burger ^v on WW Bun Roasted Potatoes	8 French Bread Cheese Pizza ^v or Egg Salad Sandwich ^v on WW Bread Celery Sticks w/ Ranch Dressing
11 Cheese Quesadillav w/ Sour Creamon WW Tortilla with Street Corn or Beef Meatloaf w/ Gravy WW Bun & Mashed Potatoes Fresh Orange	12 BBQ Chicken with Brown Rice & Baked Beans or Chickpea Marinara Pastav w/ Cheese Fresh Pear	13 Buffalo Chicken Flatbread Melt Celery Sticks w/ Ranch Dressing Or Cheese Raviolis ^v w/ Tomato Sauce & Green Beans Fresh Apple	14 Stuffed Bread Sticks ^v Marinara Dipping Sauce & 100% Sun Splash Juice or Turkey Fajita with Brown Rice and Carrots Fresh Banana	15 Cheese Pizza ^v Or Chicken Salad Sandwich on WW Bread Garden Side Salad w/ Ranch Raisins
18 BBQ Beef Meatballs WW Club Roll or Pasta w/ Tomato Sauce & Mozzarella Cheesev Broccoli Fresh Orange	19 Chicken Tenders with Roasted Potatoes or Protein Pasta Alfredov WW Bread Slice Peas Fresh Pear Turkey Salsa Bowl with Ranchero Brown Rice & Pinto Beans Or Black Beans & Tomatoes or Spanish Rice w/ Cheese & Kidney Beansv	20 Turkey Hot Dog on WW Bun with Baked Beans or Spanish Rice w/ Cheese & Kidney Beans ^v Fresh Apple	21 Cheese Lasagna ^v w/ Tomato Sauce & Green Beans or Chicken Caesar Salad with Pita Bread Fresh Banana	22 French Bread Cheese Pizza ^v or Chicken Breast Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins
25 Cheese Beef Burger on WW Bun or Egg & Cheese Sandwich on English Muffinv Roasted Potatoes Fresh Orange	26	27 Beef Meatballs & Spaghetti w/ Tomato Sauce or Broccoli or Veggie Burgerv on WW Bun Garden Side Salad w/ Ranch Fresh Apple	28 Cheesy Crispy Chicken Biscuit ^v with Celery Sticks w/ Ranch or Cobb Saladv with Pita Bread Fresh Banana	29 Cheese Pizza or Turkey & Cheese Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins



Snack Menu

MARCH 2024

MON

TUE

WED

THU

FRI

				1 String Cheese Fresh Large Apple	1 WG Graham Crackers 100% Orange Juice
4 WG Pretzels 100% Orange Juice	5 WG Graham Crackers 100% Fruit Juice	6 WG Blueberry Muffin String Cheese	7 WG Chewy Granola Bar 100% Fruit Juice	8 WG Tostitos 100% Apple Juice	
11 WG Cheez-its 100% Fruit Juice	12 WG Cool Ranch Doritos 100% Orange Juice	13 WG Graham Crackers 100% Apple Juice	14 WG Apple Muffin String Cheese	15 WG Pretzels 100% Orange Juice	
18 WG Banana Muffin 100% Orange Juice	19 WG Baked Cheetos 100% Fruit Juice	20 WG Graham Crackers Strawberry Yogurt	21 WG Pretzels Cheese Stick	22 WG Corn Muffin 100% Orange Juice	
25 Roasted Sunflower Seeds 100% Fruit Juice	26 WG Cheez-its Baby Carrots w/ Ranch	27 WG Sunchips 100% Orange Juice	28 String Cheese Fresh Large Apple	29 WG Graham Crackers 100% Orange Juice	



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