Snack Menu

DECEMBER 2023

1	MON	TUE	WED	THU	FRI
					1 WG Corn Muffin 100% Orange Juice
	4 Roasted Sunflower Seeds 100% Fruit Juice	5 WG Cheez-its Baby Carrots w/ Ranch	6 WG Pretzels 100% Orange Juice	7 String Cheese Fresh Large Apple	8 WG Graham Crackers 100% Orange Juice
	WG Pretzels 100% Orange Juice	12 WG Graham Crackers 100% Fruit Juice	13 WG Blueberry Muffin String Cheese	14 WG Graham Crackers Raspberry Yogurt	15 WG Tostitos 100% Apple Juice
+	WG Cheez-its 100% Fruit Juice	19 WG Corn Muffin Roasted Sunflower Seeds	20 WG Graham Crackers 100% Apple Juice	21 WG Apple Muffin String Cheese	22 WG Pretzels 100% Orange Juice
	25	26	27	28	29





Breakfast K-1

DECEMBER 2023

1	MON	TUE	WED	THU	FRI
					1 Cherry Cocoa Bar Fresh Banana & 100% Pineapple Juice
	CinnomonCrisp Bar Raisins Grape Juice	5 Breakfast Pizza Strawberry Yogurt Graham Crackers Diced Pineapple & Apple	Apple Frudel MG Cinnamon Flakes Diced Peaches & 100% Grape Juice	7 Waffles Plain Bagel Applesauce & 100% Orange Juice	8 Blueberry Muffin Fresh Orange & Pineapple Juice
1	Banana Muffin Raisins & Applesauce	12 Apple Frudel Strawberry Yogurt Graham Crackers Apple & Dices Pineapple	13 NEW Cinnamon Butter Honey Biscuit MG Frosted Flakes Diced Peaches & 100% Grape Juice	Pancakes RS Cinnamon Toast Crunch Graham Crackers Applesauce & 100% Orange Juice	15 Cinnamon Crips Bar Raisins & 100% Grape Juice
1	8 Cherry Cocoa Bar PEar & 100% Fruit Juice	19 Mini Sausage & Cheese Flatbread Strawberry Yogurt Graham Crackers Diced Pineapple & 100% Apple Juice	French Toast Honey Cheerios Graham Crackers Diced Peaches & 100% Grape Juice	Cinnamon Bun Plain Bagel Cream Cheese Applesauce & 100% Orange Juice	22 Apple Jacks Graham Crackers Fresh Banana & 100% Pineapple Juice
2	5	26	27	28	29





MON	TUE	WED	THU	FRI
BBQ Beef Meatballs Pasta w/ Tomato Sauce & Mozzarella Cheese WW Club Roll Broccoli Fresh Orange Cheese Beef Burger w/ Ketchup Egg & Cheese Sandwich w/	Turkey Hot Dog w/ Ketchup Spanish Rice w/ Cheese & Beans (WW Bun) Baked Beans Fresh Pear 5 Fajita Chicken	Chicken Tenders w/ Ketchup Protein Pasta Alfredo (WGR Breading) Roasted Potatoes Fresh Apple Beef Meatballs w/ Tomato Sauce & Parm Cheese	Cheese Lasagna w/ Tomato Sauce Chicken Caesar Salad (Lasagna) Green Beans Fresh Banana 7 Crispy Cheesy Chicken Biscuit Sandwich	Cheese Pizza Chicken Breast Sandwich w/ Mayo (Pizza Dough) Baby Carrots w/ Ranch Dressing Cranberries Pizza Turkey & Cheese Sandwich w/ Mayo
Ketchup (WW Bun) Roasted Potatoes Fresh Orange	Spanish Rice w/ Cheese & Beans Brown Rice Black Beans & Tomatoes Fresh Orange	Veggie Burger w/ Ketchup Spaghetti Broccoli Fresh Apple	Cobb Salad (Pasta Ravioli) Green Beans Fresh Banana	(WW Bread) Baby Carrots w/ Ranch Dressing Cranberries
11 Chicken Nuggets w/ Ketchup Falafel Bites (WGR Breading) Baked Beans ,Fresh Orange	Homemade 12 Macaroni & Cheese Beef Meatballs w/ Tomato Sauce & Mozzarella Cheese (Macaroni) Broccoli Fresh Pear	13 rench Toast Sticks & Scrambled Eggs Chicken Tamale Mashed Potatoes Fresh Apple	Adobo Chicken Veggie Burger Roasted Sweet Potatoes Fresh Banana	French Bread Cheese Pizza Egg Salad Sandwich Baby Carrots w/ Ranch Dressing Cranberries
18 Cheese Quesadilla w/ Sour Cream Meatloaf with Gravy Mexican Corn Salad Fresh Orange	BBQ Chicken Chickpea Marinara Oriental Vegetables Fresh Pear	Buffalo Chicken Melt Cheese Ravioli Brown Rice Baked Beans Fresh Apple	21 Stuffed Bread Sticks Marinara Dipping Sauce Turkey Fajita 100% Sun Splash Juice Fresh Banana	22 Cheese Pizza Chicken Salad Sandwich Garden Side Salad w/ Ranch Cranberries
25	26	27	28	29



